


February Calendar of Events – Youth Programming



What is going on in that old cop shop 'Station' building?

Highlights:

- ✓ Open Mic/Jam Nights (All Ages) – Rec Complex and Coffee Shop
- ✓ Free Movies for Grade 6-12's
- ✓ Peers R Here Leadership Group - Theatre Education
- ✓ Skateboarding crew going to Nelson & District Youth Centre
- ✓ Pro-D Day Friday, Feb. 27th
- ✓ Casual Jobs for 15-30 year olds
- ✓ Dress 4 Success Program – We need men's clothing
- ✓ WHMIS free certification
- ✓ Behavior Support Specialist (Youth with Autism and Asperger's)
- ✓ Community Youth Highlights:
 - Feb. 12th Heavy Metal Bands @ SHSS @ 6pm
 - Feb. 20th Rebels Home Game @ 7:30 pm
 - Yoga @ SHSS over Lunch for students/staff
 - After-school programs
 - Try it You'll Like it–Free Classes @ Rec Complex
 - Girls Art Project – Thursdays 4:30 @ Freedom Quest
 - Feb. 7th *Toboggan Party* 

Castlegar and District Youth Centre (ages 9 through 18)

250.304.9019 & thestation@telus.net

www.stationyouthcentre.com (under construction – calendar IS CURRENT of events)

Castlegar Youth Employment Services (ages 15 through 30)

250.364.8432 & cyes@telus.net

www.stationyouthcentre.com (under construction – calendar IS CURRENT of events)

&

Behavior Support Services (Autism and Asperger Youth and Family support)

250.365.6881 or cell 250.304.5473 & behaviorsupport.kfp@telus.net

Kootenay Family Place and *The Castlegar and District Youth Centre, Castlegar Youth Employment Services & Behavior Support Services* would like to update you on

FEBRUARY EVENTS & PROGRAMS:



Castlegar & District Youth Centre (9-18yrs):

Open Mic/Jam Night LAST TWO Thursday evenings in FEBRUARY:

Please visit our **calendar** for more detailed information. Many of you are aware, and have attended our Musical Definition - Open Mic/Jam Nights at the Castle Theatre throughout the summer and fall. Welcome to winter open mics hosted in different venues around town. This is an all age's event and you can sit and chill and listen to good music or you are welcome to bring an instrument and a friend!

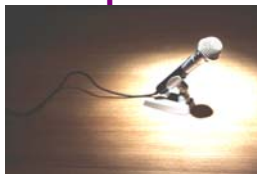
Youth have first rights on stage.

We have drums, guitars, keyboard, amp, bass, etc.

COST: FREE

Locations this MONTH:

Thursday, February 19th @ the Castlegar & District Recreation Complex 8pm – 10pm
Thursday, February 26th @ TBA 7pm – 9pm



Tuesdays - Peers R Here: The Peers R Here Leadership group is beginning to focus on their **Educational Theatre Performance** for grades 6/7's. They meet Tuesdays after school until 5:30 p.m. and will be looking to bring their show on the road as of **April 2009**. If you are interested in **booking** them in to your school, please call us for more information. Last year was very successful and their skits covered; bullying, peer pressure, rumours, drugs/alcohol, cyber-bullying, puberty and depression. This year we are able to bring the show to 10 schools during April and May. Call Kathryn @ 250.304.9019 or email thestation@telus.net for more info.

Sk8 much this winter:



Saturday, February 21st we will load up the van @ 3:30 p.m. and take keen skateboarders to the Nelson and District Youth Centre's indoor skate park. If you are intermediate/advance and understand the flow of a skate park, join us on this free afternoon – evening. We can take up to 13 youth grades 6-12. Bring a helmet please (or you can rent one). Call Kathryn @ 250.304.9019 or email thestation@telus.net for more information.

PRO-D Day Camp for grades 6-7's : Friday, February 27th you can register your grade 6/7 from 9:00 am until 2:15 pm for a day of games, cooking and watching a movie. Registration is \$5/youth. **Maximum 10 participants.** Please call Kathryn @ 250.304.9019 or email thestation@telus.net for more information.

Free MOVIE grades 6-7's : Friday, February 27th @ 12:30 p.m. - If you are in Grade 6 or 7 and would like to watch a movie from 12:30 p.m. until 2:00 p.m., drop by, have some popcorn and enjoy _____ (movie name to be announced part way in to the month! Please call Kathryn @ 250.304.9019 or email thestation@telus.net for more information.



Free MOVIE grades 8-12 (13 – 18 year old) : Friday, February 27th @ 3 p.m. - If you are in Grade 8-12 (or between the ages of 13 and 18 years old) and would like to watch a FREE movie, drop by, have some popcorn and enjoy (movie name to be announced part way in to the month!) Please call Kathryn @ 250.304.9019 or email thestation@telus.net for more information.

Snowboard or Ski? Need a ride to Red Mountain?: Are you a parent or youth sick of finding a way to get up to the hill? Join our email/phone list so that we can better coordinate rides up to the mountains....and save our environment one car pool at a time! Call or email to join up today! 250.304.9019 & thestation@telus.net

Want a place to have a BIRTHDAY PARTY or Social Function or Meeting?: Kootenay Family Place rents their space out to the community. The Castlegar & District Youth Centre has a board-room and kitchen upstairs (with television), and our main Youth Centre space has classy couches, a pool table, tv/vcr/dvd and large screen to play movies on the wall. We also have a full set-up kitchen in our basement with a dishwasher! Please call Janice @ 250.365.8448 ext 221 or email janice.kfp@telus.net for booking information.

YOUTH EMPLOYMENT SERVICES (15-30yrs):

250.364.8432 & cyes@telus.net

www.stationyouthcentre.com (under construction – calendar IS CURRENT of events)

***Check out jobs on our online JOB BOARD

Casual Jobs this month – Snow shovelling anyone?: We have been busy with Casual Jobs *again* this month! If you need to make a little extra cash and are self motivated, come in and sign up on our **Casual Job Program**. Castlegar Residents are eager to hire a youth to help them out.

Dress for Success Program: Is now up and running! The program goal is to provide clean, fresh, appropriate attire and grooming products along with life skill training and confidence building, to assist youth who are actively seeking employment and struggling financially. Look on our calendar for workshops through the winter and spring as we plan to have a lot of fun with these!

We now have everything you need to look sharp while handing out resumes and impressing future employers as they interview you.

We are currently accepting **MEN'S casual/dress** attire and **MEN & WOMEN'S FOOTWEAR**.

Please call Youth Employment to arrange clothing/footwear drop-off **appointment @ 250.365.8432**

WHMIS – Workplace Hazardous Material Information System: Free Certification. Call or stop in to inquire. Call Michelle @ 250.365.8432 or email cyes@telus.net

Behavior Support Services:

250.365.6881 or cell 250.304.5473 & behaviorsupport.kfp@telus.net

Social Thinking Group February 2nd and 16th: This group meets every 2nd Monday after school until 5:30 p.m. This group is designed for youth with **autism and/or aspergers** syndrome. If you are a parent or teen that would like information or need family support, please call Teri Ferworn @ 250.365.6881 or cell 250.304.5473 or email behaviorsupport.kfp@telus.net

****Please do pass along this information to all community members on your list. Thank you for supporting youth in our community!



OUR WEBSITE www.stationyouthcentre.com

Is undergoing some construction and has some outdated information (such as the hours posted on the home page!).

*Our CALENDAR, NEWSLETTERS, JOB POSTINGS & RESUMES are UP TO DATE.
Do call us for any other information regarding the website.*

THANK YOU!



CITY of CASTLEGAR



COLUMBIA BASIN TRUST
*a legacy
for the people*



United Way

OTHER YOUTH PROGRAMS & HAPPENINGS:

- **Heavy Metal Bands @ SHSS:** There will be a group of local bands hosting a live show @ SHSS on Thursday, Feb. 12th starting at 6 p.m. Featured bands are; New Moon Rising, Hellfire Plague, Cthulu, Datura, & Northwind. Tickets are \$6 @ the door with \$1 off if you bring a canned food item. Parts of the profit will go to a charity of the bands' choice.
- **Stanley Humphries Secondary School YOGA classes:** Monday, Wednesdays, & Fridays, 11:45 a.m. – 12:15 p.m. in the Activity Room. \$1.00/class. Call Janice @ 250.365.5428 or email ferraroj@telus.net for more information.
- **Blueberry Creek Community School:** Call 250.365.7201
 - Girls Club** (grades 5-7)
 - Big Kids** (grades 4-7) Movie and gym time on Friday Night 6:30-8pm
 - Thank Goodness It's Friday** (gr. 8-12) 8 –10 p.m. Movie-Social-Recreation. **Blueberry Blueberry Patch After-School Care** - This program is available for children in kindergarten through grade 7. Children will participate in games, crafts, computer time all in a safe, nurturing environment for school aged children. Whether you have gone back to work or just have some shopping to do, you know your child will be well looked after. Open every day including *pro-d days, spring break and summer.*
- **Castlegar & District Library:** Wednesdays 4-5pm Drop – in Homework Club for grades 1-7. Call 250.365.6611 for more information.
- **CASTLEGAR REBELS Final Home Game Friday, Feb. 20th** – Travis Green Jersey Retirement 7:30 p.m.: Free Rally TOWELS for the first 500 spectators
- **GIRLS ART PROJECT (ages 13-19):** Thursdays 4:30pm – 6:30 pm starting January 15th and running until March 19th. YOU CAN JOIN AT ANY TIME!!! Express Yourself – no special skills required. Arts – Talk – Poetry – Food. Call Christine @ 250.365.2104 ext 26 for more information. Hosted @ Freedom Quest office located @ 349 Columbia Ave., Castlegar.

“What does my body have to do with my gratitude” – Ani Difranco
- **Kinnaird Kids Club:** An after school program based out of Kinnaird Elementary School. Kids club is licenses to provide care for children aged 5 – 12 years, or grades one through six. Open Monday – Friday from 2pm – 6pm, it maintains a 1 – 10 worker/child ratio, operating in full accordance with Child Care Regulations. As a program of Kootenay Family Place, the program has access to a wide variety of Early Intervention Programs and can facilitate children requiring extra supports. Call 250.304-5517 for more information or visit www.kootenayfamilyplace.org
- **Twin Rivers After-School 360° Program:** For Grades 6/7's in the Castlegar Area this 360° Program is about fostering participants' understanding of their own leadership, academics, athletics, attitude and life. 360° sets the bar high by delivering a multi-component program to not only inspire and support youth but also provide the necessary skills and training needed to succeed. Cost: \$20/month. Please visit www.innercompassinnovations.com for more information or call Mike @ 250.368.7776
- **Recreation Complex in Castlegar:**

Leisure Access Program Starting Jan.1, 2009. This has been established to provide low income families in our community an opportunity to participate in recreation programs. "Providing Opportunities For All Families". Call the Rec Complex for more detailed information.

Singing Classes (5-12 years): Starting February. Cost: 6/\$60.00

Red Cross Swim Lessons: STARTS Feb. 17th

United Way Skate-a-thon: Saturday, **February 14th** 9am – noon. Please call Rita @ 250.365.7331 for more information.

Karate (9+ years): Kinnaird Elementary School Gym (Mon./Wed. 7-9pm), Pass Creek Hall (Thur. 6:30–8pm), for 6-9 year olds – Kinnaird Elementary School Gym (Mon. 5:30–6:30 pm)

Taekwondo Do: Starting January Tuesdays and Thursdays (under 12 are 6-7pm & 12+ are 7-8pm)

Skating Lessons (6-12 years): Starting January on Tuesdays 2:45 pm and 3:15 pm. Cost: 5/\$25.00

PRO D Feb. 27th: Skate 10-11:30am \$2 OR Swim 1:30-3pm \$2

Try it – You'll like it! **FREE CLASSES!!!**

✓ Saturday	Feb 7th	Weight room orientation	10 -11:00 am
✓ Sunday	Feb 8th	Broomball	6 - 7:00pm (5:45 changerooms to be equipped)
✓ Sunday	Feb 8th	Free Swim	1 - 3:30 pm
✓ Monday	Feb 9th	Tai Chi	6:30 to 7:00 pm
✓ Tuesday	Feb 10th	Deep water workout	6 - 7pm
✓ Wednesday	Feb 11th	Free Skating	6:30 - 8pm
✓ Wednesday	Feb 11th	Tai Chi	6:30 to 7pm
✓ Thursday	Feb 12th	Yoga – Intro	6:30 to 7:30 pm
✓ Saturday	Feb 14 th	Fit for Hearth	8:30 am onwards

Please call **250.365.3386** for more information or check the website @ www.rdck.bc.ca for more information and the current program guide.

Toboggan Party



The City of Castlegar
is hosting a
TOBOGGAN PARTY
under the lights at
Cone Hill Park

Saturday, February 7, 2009
6:00 p.m. - 9:00 p.m.

Come have some winter fun:
Free Hot Chocolate
Free Hot Dogs
Burning Barrels
Best Dressed Toboggan Contest
Best Winter Hat Contest
Races
Snow Volleyball
Prizes
.....and Fireworks
Sponsored by Trowalex,
Andrew Sheret and Krueckl Financial
For more information call
Castlegar City Hall at 365-7227

Below are 2 links for directions to Cone Hill Park, use whichever is best for you - and pass it along to all your friends. The technical address for Cone Hill Park is **3500 - 9th Avenue, Castlegar**.

Cone Hill Park via MapQuest: <http://www.mapquest.com/maps?cat=&address=3500+-+9th+Avenue&city=Castlegar&state=BC&zip=>

Cone Hill Park via Yahoo! maps: <http://maps.yahoo.com/#mvt=m&lat=49.26757&lon=-117.651532&zoom=17&q1=3500%2520-%25209th%2520Avenue%2520C%2520Castlegar%2520BC%2520Canada>