

Happy New Year!
January Calendar of Events – Youth Programming



What is going on in that old cop shop building???

Castlegar and District Youth Centre (ages 9 through 18)

250.304.9019 & thestation@telus.net

www.stationyouthcentre.com (under construction – calendar IS CURRENT of events)

Castlegar Youth Employment Services (ages 15 through 30)

250.364.8432 & cyes@telus.net

www.stationyouthcentre.com (under construction – calendar IS CURRENT of events)

&

Behavior Support Services (Autism and Asperger Youth and Family support)

250.365.6881 or cell 250.304.5473 & behaviorsupport.kfp@telus.net

Kootenay Family Place and *The Castlegar and District Youth Centre, Castlegar Youth Employment Services & Behavior Support Services* would like to update you on

JANUARY EVENTS & PROGRAMS:



Castlegar & District Youth Centre (9-18yrs):

250.304.9019 & thestation@telus.net

www.stationyouthcentre.com (under construction – calendar IS CURRENT of events)

Open Mic/Jam Night @ the Castle Theatre 7pm - Thursday, January 29th:

Please visit our **calendar** for more detailed information. Many of you are aware, and have attended our Musical Definition - Open Mic/Jam Nights at the Castle Theatre throughout the summer and fall. This all age's event is a warm, welcoming and fun environment that was hosted at the newly renovated Castle Theatre

(185 Columbia Ave. - www.theoldtheatre.com).

Join us on this ONCE per month event on Thursday, January 29th between 7:00 p.m.

until 9:00 p.m. - Whether you like to sit and chill and listen to good music, you are welcome to bring an instrument and a friend!

Youth have first rights on stage.

We have drums, guitars, keyboard, amp, bass, etc.

COST: FREE

Tuesdays - Peers R Here: The Peers R Here Leadership group is beginning to focus on their ***Educational Theatre Performance*** for grades 6/7's. They meet Tuesdays after school until 5:30 p.m. and will be looking to bring their show on the road as of **April 2009**. If you are interested in **booking** them in to your school, please call us for more information. Last year was very successful and their skits covered; bullying, peer pressure, rumours, drugs/alcohol, cyber-bullying, puberty and depression. This year we are able to bring the show to 10 schools during April and May. Call Kathryn @ 250.304.9019 or email thestation@telus.net for more info.

Sk8 much this winter: **Saturday, January 24th** we will load up the van @ 2:30 p.m. and take keen skateboarders to the Nelson and District Youth Centre's indoor skate park. If you are intermediate/advance and understand the flow of a skate park, join us on this free afternoon – evening. We can take up to 13 youth grades 6-12. Bring a helmet please (or you can rent one). Call Kathryn @ 250.304.9019 or email thestation@telus.net for more information.

Movie Social Friday, January 30th @ Robson Community Hall: This social movie evening is designed for **grades 6/7's between 6pm – 8pm** and then **grades 8-12 from 8pm – 10pm**. Movies will be age appropriate. We will post movie selection on our website closer to the date. Please call Kathryn @ 250.304.9019 or email thestation@telus.net for more information.

Snowboard or Ski? Need a ride to Red Mountain?: Are you a parent or youth sick of finding a way to get up to the hill? Join our email/phone list so that we can better coordinate rides up to the mountains....and save our environment one car pool at a time! Call or email to join up today! 250.304.9019 & thestation@telus.net

Want a place to have a BIRTHDAY PARTY or Social Function or Meeting?: Kootenay Family Place rents their space out to the community. The Castlegar & District Youth Centre has a board-room and kitchen upstairs (with television), and our main Youth Centre space has classy couches, a pool table, tv/vcr/dvd and large screen to play movies on the wall. We also have a full set-up kitchen in our basement with a dishwasher! Please call Janice @ 250.365.8448 ext 221 or email janice.kfp@telus.net for booking information.

YOUTH EMPLOYMENT SERVICES (15-30yrs):

250.364.8432 & eyes@telus.net

www.stationyouthcentre.com (under construction – calendar IS CURRENT of events)

***Check out jobs on our online JOB BOARD

Casual Jobs this month – Snow shovelling anyone?: We have been busy with Casual Jobs this month! If you need to make a little extra cash and are self motivated, come in

and sign up on our Casual Job Program. With all this snow falling, Castlegar Residents are eager to hire a youth to help them out.

Dress for Success Program: Is now up and running! The program goal is to provide clean, fresh, appropriate attire and grooming products along with life skill training and confidence building, to assist youth who are actively seeking employment and struggling financially. Look on our calendar for workshops through the winter and spring as we plan to have a lot of fun with these!

We now have everything you need to look sharp while handing out resumes and impressing future employers as they interview you.

We are currently accepting **MEN'S casual/dress** attire and **MEN & WOMEN'S FOOTWEAR**.

Please call Youth Employment to arrange clothing/footwear drop-off **appointment @ 250.365.8432**

NEW STAFF – Michelle Jacuibek: Michelle will be at the Youth Employment Centre for the next year while Kristel Tymchen is away on maternity leave. Welcome Michelle!

Behavior Support Services:

250.365.6881 or cell 250.304.5473 & behaviorsupport.kfp@telus.net

Social Development Group January 5th and 19th: This group meets every 2nd Monday after school until 5:30 p.m. This group is designed for youth with *autism and/or aspergers* syndrome. If you are a parent or teen that would like information or need family support, please call Teri Ferworm @ 250.365.6881 or cell 250.304.5473 or email behaviorsupport.kfp@telus.net

****Please do pass along this information to all community members on your list. Thank you for supporting youth in our community!



OUR WEBSITE www.stationyouthcentre.com

Is undergoing some construction and has some outdated information (such as the hours posted on the home page!).

**Our CALENDAR, NEWSLETTERS, JOB POSTINGS & RESUMES are UP TO DATE.
Do call us for any other information regarding the website.**

THANK YOU!



CITY of CASTLEGAR



OTHER YOUTH PROGRAMS & HAPPENINGS:

- **Blueberry Creek Community School:** Call 250.365.7201
Girls Club (grades 5-7)
Big Kids (grades 4-7) Movie and gym time on Friday Night 6:30-8pm
Thank Goodness It's Friday (gr. 8-12) 8 –10 p.m. Movie-Social-Recreation. **Blueberry Patch After-School Care** - This program is available for children in kindergarten through grade 7. Children will participate in games, crafts, computer time all in a safe, nurturing environment for school aged children. Whether you have gone back to work or just have some shopping to do, you know your child will be well looked after. Open every day including **pro-d days, spring break and summer.**
- **Castlegar & District Library:** Wednesdays 4-5pm Drop – in Homework Club for grades 1-7. Call 250.365.6611 for more information.
- **CASTLEGAR REBELS Home Game Schedule** – All games start @ 7:30 p.m.: Saturday, Jan. 10th vs. Grand Forks, Saturday, Jan. 24th vs. Columbia Valley, Saturday, Jan. 31st vs. Nelson.
- **EXAMS:** Stanley Humphries has exams starting Thursday, January 22nd and running until Friday, January 30th.
- **GIRLS ART PROJECT (ages 13-19):** Thursdays 4:30pm – 6:30 pm starting January 15th and running until March 19th. Express Yourself – no special skills required. Arts – Talk – Poetry – Food. Call Christine @ 250.365.2104 ext 26 for more information. Hosted @ Freedom Quest office located @ 349 Columbia Ave., Castlegar. Program is a partnership with Freedom Quest Regional Youth Services and Castlegar Community Services
"What does my body have to do with my gratitude" – Ani Difranco
- **Kinnaird Kids Club:** An after school program based out of Kinnaird Elementary School. Kids club is licenses to provide care for children aged 5 – 12 years, or grades one through six. Open Monday – Friday from 2pm – 6pm, it maintains a 1 – 10 worker/child ratio, operating in full accordance with Child Care Regulations. As a program of Kootenay Family Place, the program has access to a wide variety of Early Intervention Programs and can facilitate

children requiring extra supports. Call 250.304-5517 for more information or visit www.kootenayfamilyplace.org

- **Twin Rivers After-School 360° Program:** For Grades 6/7's in the Castlegar Area this 360° Program is about fostering participants' understanding of their own leadership, academics, athletics, attitude and life. 360° sets the bar high by delivering a multi-component program to not only inspire and support youth but also provide the necessary skills and training needed to succeed. Cost: \$20/month. Please visit www.innercompassinnovations.com for more information or call Mike @ 250.368.7776
- **Recreation Complex in Castlegar:**

Leisure Access Program Starting Jan.1, 2009. This has been established to provide low income families in our community an opportunity to participate in recreation programs. "Providing Opportunities For All Families". Call the Rec Complex for more detailed information.

Co-op babysitting (6months – 5 years)

Quick & Easy Valentine Cards (7-12 years): Saturday, January 31st 1:00 – 3:00 p.m. Cost: \$35.00

Singing Classes (5-12 years): Starting February. Cost: 6/\$60.00

Karate (9+ years): Kinnaird Elementary School Gym (Mon./Wed. 7-9pm), Pass Creek Hall (Thur. 6:30 –8pm), for 6-9 year olds – Kinnaird Elementary School Gym (Mon. 5:30–6:30 pm)

Taekwondo Do: Starting January Tuesdays and Thursdays (under 12 are 6-7pm & 12+ are 7-8pm)

Skating Lessons (6-12 years): Starting January on Tuesdays 2:45 pm and 3:15 pm. Cost: 5/\$25.00

Learn to Roll Kayak Course: Sunday, January 11th 10:00 a.m. until 1:00 p.m. Cost: \$50.00

Wednesday Evening Rolling Practice: Wednesdays January 7th – March 11th 8:30-9:30pm Cost:

Please see program guide

TEEN BLAST (Intro to Fitness): Thursdays starting January 8th 3:45-4:45 p.m. Cost: \$16/month.

Please call **250.365.3386** for more information or check the website @ www.rdck.bc.ca for more information and the current program guide.